

Spring 2018



The Care Connection

Southwest Boulevard Family Health Care

Harvey's at Union Station Hosts Good Morning for Health

Our Mission

To provide health care and support services to all, including the medically indigent, in a nondiscriminatory manner and setting, dedicated to continuity with quality medical care.

FHC Values– Equality

We believe in the inherent worth of each individual and strive to interact respectfully and fairly with each person, particularly those who are most vulnerable by approaching each individual with compassion and caring.

Board of Directors

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Good Morning for Health

Building a Healthy Community

On Thursday, March 8th, our annual Good Morning for Health breakfast kicked off at Harvey's in Union Station. Phil Witt, who recently retired after nearly forty years in the anchor chair at WDAF-TV, did an amazing job emceeding the event. Phil shared his insight into healthcare and his personal connection to Family Health Care. Kansas Congressional Candidate Tom Niermann was our featured speaker. Tom made some important observations about the current state of healthcare. "Here in Kansas City, Kansas, 31% of all medical debt is in collections. These aren't from catastrophic healthcare costs - they're from copays and deductibles which have risen to unpayable levels for many working families - when your kid breaks an arm, needs stitches, or has a fever in the night. If the ordinary events of life routinely threaten the American dream, our system is broken. If our government is to be serious about health, we must be as committed to the most vulnerable as Family Health Care is. Not only must we increase our assistance for the mission our clinics pursue today, but act now to address the social conditions that perpetuate the cycle of poverty for years to come.

The fight for affordable, mixed-income housing is a fight for health.

The fight against food deserts is a fight for health

The fight for good jobs is a fight for health.

The fight for public schools and universal early childhood education is a fight for health"

Tom was followed by Kelsie Kelly, MD, MPH, coordinator of our M.O.M. (Maternal Options that Matter) clinic and Mariah Chrans, IBCLC and Co-Founder of local non-profit Uzazi Village. Their presentation was on decreasing the maternal and infant health disparities found in the urban core.

We are very grateful to our event Host Committee:

Gabriela Flores, BA, MSM, Children's Mercy Hospital Kansas City

James Lin, M.D., University of Kansas Medical Center

Tara Lin, M.D., University of Kansas Medical Center

Jeffrey Schutzler, AIA, Hollis + Miller Architects

Denton Shanks, DO, MPH, University of Kansas Medical Center

Your commitment to Family Health Care is greatly appreciated.

Proceeds from the event will help to fund Family Health Care's services, which include, in addition to family medicine, pediatrics, obstetrics, ophthalmology, dentistry, mental health, legal services, literacy training and fitness. Your support helps ensure the work of Family Health Care continues!

Photos courtesy of John Gilbert

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Family Health Care (FHC) intends to foster individual responsibility and promote self-esteem as well as providing health services. Many patients served at Family Health Care cannot pay full charges for services, yet we believe most want to pay their “fair share”. FHC has a graduated co-pay (sliding scale) for services to promote individual empowerment. Patients are able to pay a based on income and are therefore less “beholden” than for a free hand-out.

When I was young, I once tried this concept (paying based on a sliding scale) in a situation not conducive to such an idea. I was speeding through a small town and instead of paying the fine, I argued the fine should be on a sliding scale. My reasoning was based on fairness- while I was a poor struggling student, there were others with significantly more means who hired an attorney to whittle down the same fine. Of course the judge listened politely (did not laugh) but fined me the full amount, unfair as it was.

But, at FHC our goal of being accessible to the poor requires that we provide a means for them to get a hand-up with fair reduced fees they can manage and not feel they are in our debt. Of course a problem for FHC like the problem for the small town where I was fined is limited resources. It is these fees that pay toward the overhead, personnel and supplies so FHC can continue to provide services. Fund-raising makes up the difference. You make up the difference. FHC depends on you and others to help us continue to help others. Thank you for helping make the difference.



Good Morning for Health We Thank Our Wonderful Sponsors!

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Special thanks to:

Brancato's Catering
Kathy Courington, Logo design
John Gilbert, Photographer
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GMH Tower sponsors:
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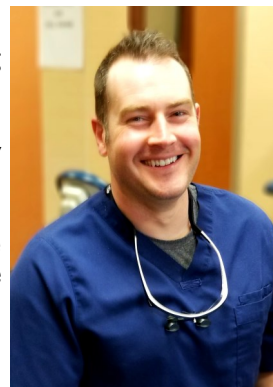
GMH sponsor Susan Moehl, Host Committee member Gabriela Flores and her guest Jose Torres, both from Children's Mercy Hospital



**We are grateful to our
event hosts,
Harvey's at Union Station!**

FHC Welcomes New Dentist Dr. Erik Seaberg

In order to serve our many dental patients we have hired another full time dentist. Dr. Erik Seaberg received his DDS from the UMKC School of Dentistry in 2017. He has a BS in Biology from the University of Missouri and a BA in History from Truman State. Dr. Seaberg hails from Columbia, Missouri. His many interests include; snowboarding, soccer, reading, and watching movies. He recently built an electric-assisted bicycle. His background includes twelve years of service in the Missouri Army National Guard, and he is currently a Captain with the Missouri Medical Detachment in Jefferson City, Missouri. When asked about his reasons for coming to Family Health Care, he said, "I love the diverse family Dr. Lee has built here at SWBFHC. I specifically like practicing Dentistry at Family Health Care because I get to focus on providing care to patients without pressure to upsell unnecessary treatment, as well as the great mentors I have in Dr. Findley and Dr. Deskin." April is Oral Cancer awareness month. Family Health Care is offering free screenings in the month of April, three minutes could save your life!



FHC Quindaro Clinic Re-opened

Open: Tues-Weds-Thur 1-5pm
Appointments 913.722.3100

Located in the lower level of Faith Lutheran Church at 530 Quindaro Blvd., Family Health Care is wheelchair accessible from the west parking lot. The issues of poverty and associated poor health are amplified in the area which is listed as an extreme poverty tract with more than 50% of the population living below the poverty level. The nearest drug store is blocks away, buses do not run into the neighborhood, a regular grocery store is almost an hour away by bus and the area was bereft of health services. FHC stepped forward to create answers to these needs.

Buy Bombas to Benefit Care Beyond the Boulevard

If you're buying socks, please consider Bombas. Care Beyond the Boulevard is a Bombas partner, last year we received over 700 pair of socks that were distributed to the people living on the streets of Kansas City! They were handed out by our street team during our rounds at Micah Ministries. Last year we made little gift packages which included a blanket and a pair of Bombas for all of our patients. Many of them said that would be the only gift they would be receiving for the holidays. These are awesome socks! Please buy them for your whole family!



BOMBAS

M.O.M. Clinic

Tuesdays 8am-12pm
Thursdays 2-7pm
Make an appointment today for prenatal assistance.

- Free pregnancy test
- Free initial visit
- Free prenatal vitamins
- Free breastfeeding support

Maternal Options That Matter is a partnership program with the University of Kansas Family Medicine Department. Both prenatal and postnatal care are provided as well as weight checks on newborns.

Additional services include:

- Lactation Specialist
- Social Services
- Breastfeeding classes

Help Southwest Boulevard Family Health Care GROW!

MAKE A DONATION TODAY

Name _____

If paying by credit card:

Address _____

Card Number _____

City, State, Zip _____

Telephone _____

Expires ____ / ____ / ____

Email _____

Security Code _____

Payment Method

My check for \$ _____ is enclosed

(payable to SWBFHC)

Signature below:

Please charge my VISA/Mastercard \$ _____

Thank you for your support of Family Health Care!



Non-profit Org.
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Southwest Boulevard
Family Health Care
340 Southwest Blvd.
Kansas City, KS 66103

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FHC Wish List

- Lawnmower
- Automatic vitals machine
- Rototiller
- Co Agu Check
- EKG Machine

We are thankful for...

- Sergio Mendoza for our new roof at the Quindaro clinic
- Camille Cushinberry at KDHE in Topeka
- Billie Woods at Quest diagnostics
- Pembroke Hill 6th grade students participating in the “Community Day of Learning” for granola bars for the homeless and assembling 100 personal care bags for our Care Beyond the Boulevard homeless outreach clinic.

Save the date for TACOS & BEER ON THE BOULEVARD

an event benefiting Southwest Boulevard Family Health Care



Thursday, June 14th 6-10pm
Boulevard Brewing Co. Muehlebach Suite
2501 Southwest Boulevard
Kansas City, Missouri

Event Co-Chairs:

Melissa Wagner Kazmi and Manisawn Krejci

Brew with a view! Join us for cold beer on a hot night! Great food, live music by The Natalie Bates Jazz Quartet, Picwood KC photo booth and an amazing silent auction! Reservations are limited, \$50 per person, For tickets contact Shari Webster at 913.722.3100, ext. 272 or shariwebster@swbfhcs.org

***Purchase tickets via PayPal at swbfhc.org, and click on events