

Spring 2014



The Care Connection

Family Health Care

Our Mission

To provide health care and support services to all, including the medically indigent, in a nondiscriminatory manner and setting, dedicated to continuity with quality medical care.

FHC Values– Equality

We believe in the inherent worth of each individual and strive to interact respectfully and fairly with each person, particularly those who are most vulnerable by approaching each individual with compassion and caring.

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Good Morning for Health
Building a Healthy Community

Supporters of Family Health Care gathered at Lidia's Italy Kansas City

restaurant on Wednesday, April 2 and enjoyed a delicious Italian breakfast while benefiting the clinic's services for uninsured and low-income patients.

Over 100 people attended the first annual Good Morning for Health event! Guests heard a panel discussion about recent developments in the health-care arena including the recently-completed initial sign-up period for insurance under the Affordable Care Act, and the failed attempts in Missouri and Kansas to expand the Medicaid program. Stories of Family Health Care's history and success with patients were shared during the panel as well. Family Health Care patient, David Graham, shared his experience with the clinic, showcasing the values FHC maintains on a daily basis; equality and compassion with everyone that walks through their doors.

Special thanks to our panel members for donating their time to this event; Brian Burns, Senior Vice President of integrated health services and chief health services executive for Blue Cross and Blue Shield of Kansas City; David Graham, a patient of Family Health Care; Bill Hall, President of the Hall Family Foundation, and Dr. Sharon Lee, CEO of Family Health Care. Steve Kraske, host of the KCUR current-events program Up to Date, moderated the discussion.

Proceeds from the event will help to fund Family Health Care's services, which include, in addition to family medicine, pediatrics, obstetrics, ophthalmology, dentistry, mental health and legal services, literacy training and fitness.

A tremendous thank you to our event Host Committee; Cheryl Jernigan, Julius Karash, Pat McCown, Joe Rosa and Richard Wetzell. We greatly appreciate your efforts and hard work!

Thank you to Our Lady of Guadalupe's Children's choir for sharing their beautiful voices with us and singing Happy Birthday to Family Health Care!

Last, but certainly not least, Lidia's! Thank you so much for your generosity and commitment to making this event a success! We could not have done it without your wonderful staff!

First Annual Good Morning for Health a Success!



Guests of event sponsor, Netsmart



Guests view the Good Morning for Health panel discussion.



Brian Burns, Dr. Sharon Lee, David Graham and his mother, along with speaker Bill Hall



Guests enjoy Lidia's delicious breakfast buffet!

The Care Connection



For twenty-five years Family Health Care (FHC) has provided needed health care for those who fall through the holes in the Kansas City health care safety net. Often we receive requests from other safety net providers to see their most difficult and complex patients. We are also a training site for students and residents.

During the last few years, a quiet, hardworking and very caring man carried much of the dual load of providing medical care for patients and teaching students. Dirk Dunfee is a Nurse Practitioner and a Catholic priest in the Society of Jesus (Jesuit). Jesuits are known as educators and for their devotion to serving the poor.

Dirk filled those roles and much more at Family Health Care.

Dirk came to Family Health Care as a Nurse Practitioner about three and a half years after first asking about a job as a nurse. He acquired the additional training and credentials in order to be most useful. After five years at Family Health Care, Dirk now is called to serve at Regis University in Denver. It is exciting as he will be helping to establish clinics there similar to FHC and will be part of the university training of nurse practitioners. But, he is leaving holes that will be hard to fill.

The work remains. Our search is expanding to find additional help from doctors and nurses who share our commitment to caring for people with few resources. This fall Dr. Bauer will return to FHC from an extended maternity leave, and our medical team includes Dr. Curran, Dr. Lisbon, Dr. Zeller, Dr. Beal, Dr. Whitaker, Dr. John Lee and others who are helping. Family Health Care has a continual need for more clinicians and teachers (volunteers and staff) – please contact us if you know anyone looking for a place to serve. We welcome any help.

No one will replace Dirk who became a good friend and will be greatly missed!

Good Morning for Health - We Thank Our Wonderful Sponsors!

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Kay & Julius Karash

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Jeanne & Larry Gates

Netsmart

Terry Curran Charitable Fund at Saint Luke's
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Special thanks to our event hosts, Lidia's Italy Kansas City!

Dirk Dunfee, we thank you for your many years of service!



Dirk Dunfee wanted to treat patients at Family Health Care. That was obvious. Dr. Sharon Lee, the clinic's founder, remembers the call she got one day about 10 years ago. The man on the other end said, "I've just graduated from nursing school. I'd really like to come there."

Lee told him that, unfortunately, she didn't really have much call for nurses. "But if you were a nurse-practitioner," she said, "we'd put you to work right away." As Lee recalls, it was about three weeks later that she got a second call from the man, Dirk Dunfee. "He said, 'I'm going to nurse-practitioner school. I'll be there in three and a half years.'"

He might have forgotten all about Family Health Care, and pursued a career elsewhere. But Dunfee didn't. Periodically, Lee would pick up the phone and he'd be on the other end, updating her on the progress of his schooling, and reaffirming his intention to join the staff at Family Health Care. Then, as promised, about three-and-a-half years after the initial call, the voice on the other end of the phone materialized – tall, slender, with close-cropped thinning hair and a sense of humor so understated it often left Lee wondering, "Was that a joke?"

For five years, he treated patients, routinely getting to work at 6 a.m. and staying until 5 or 6 p.m., according to his co-worker Kat Terry, a registered nurse. "No one worked harder than Dirk," she said. "The medical students from KU all did rotations with him," Terry said. "He was a natural teacher." Lee said she appreciated his "very positive presence," and his clinical acumen.

At the clinic's weekly staff meetings, Dunfee always sat in a corner with his head bowed over his laptop, rarely speaking. But when he finally broke his silence earlier this year to let the staff know that the Jesuits had decided to send him to Denver, where he is to establish a clinic similar to Family Health Care, the tear-stained faces were apparent, the sniffles audible.

"A lot of patients are going to miss him, and so will I!" said Lee, who now must find someone to do what Dunfee did for five years. "We're looking for a provider," she said. "I don't want to call it a replacement."

News & Notes

*Dr. Bauer had her baby, Emmanuel Rose!

*Cardio salsa, step aerobics, yoga fusion and more are all available at Family Health Care's fitness center! Check out their Facebook page, Southwest Boulevard Family Fitness!

*Follow Southwest Boulevard Family Health Care on Facebook for the latest updates on our exciting upcoming events!

We're Thankful For...

- ◆ Maya Yoga and Locust Lane for their donations to our Pam Grout Speaking event.
- ◆ FHC employee, Jay, for providing delicious, fresh juices for guests at the Pam Grout event to enjoy.
- ◆ Max Von Schlemmer, a student from Lincoln College Preparatory School, for committing to a community service project with us and assisting with data entry.
- ◆ All of our Good Morning for Health sponsors! We greatly appreciate your support for this new event.
- ◆ Dirk Dunfee for his incredible dedication to the clinic and wonderful service during these past years! You will be missed!

Pam Grout's E-Squared



On the evening of February 27th, 2014, Family Health Care was honored to host *New York Times* bestselling author, Pam Grout for the kickoff of her international speaking tour. E-Squared is a fun, experiential book for anyone that is curious about how the law of attraction works. In

Grout's discussion, she focused on the premise of the book and gave several riveting examples of how these principles have worked in her life and then opened the floor to the audience to share their stories and ask questions. All of the evening's proceeds went to Family Health Care and will be used to "attract" the best care for our patients. Thank you Pam for sharing your words of enlightenment with us at FHC!



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FHC Wish List

- * Audiometer for hearing screens
- * EKG machine
- * Digital scale with 500 lb. capacity
- * Treadmills, exercise bikes and elliptical for the fitness center

Save the date for **TACOS & BEER ON THE BOULEVARD**

an event benefiting Southwest Boulevard Family Health Care



Wednesday, June 25th 6-10pm

Boulevard Brewing Co. Muehlebach Suite

2501 Southwest Boulevard

Kansas City, Missouri

Event Co-Chairs: David & Jill Hathaway, Complete Medical Homecare and Carl & Sheri Cuda, Brookside Jewelry

Brew with a view! Join us for cold beer on a hot night! Great food, live acoustic music from **Making Movies Social Club**, and an amazing silent auction! Reservations are limited, \$50 per person, tickets must be purchased prior to event. For tickets contact Shari Webster at 913.722.3100, ext. 272 or shariwebster@swbfhcs.org

***Purchase tickets via PayPal at swbfhc.org, and click on events.